



# Contemporary Dance Dubai 2009-2014

A Nektar Creation by Stephanie Hamilton





Contemporary Dance Dubai  
2009-2014



A Nektar Creation by Stephanie Hamilton

CDD has been my home, my life for almost 6 years. It has been my every thought, my every breath, so many of my ideas, and so much creativity. I have never put so much effort, LOVE, and passion into one thing for so long and I am proud of what it has become. It's beautiful how everything I gave out was received with respect, honour, dedication, and passion.

I have watched people develop and grow as dancers, watched people fall deep in love with Contemporary dance, and watched how it transformed them.

My students were my best teachers and my team Tara Tibos was my rock through which CDD was able to flourish further. I gained a true friend, and a loyal partner in her, and I met some of the best people to date through CDD, some of which have also become my friends.

CDD has nurtured me, grounded me, taught me, and made me a better artist and better person.

This book is a testament of CDD as a school, and as a company displaying the precious moments of learning, teaching, dancing, sweating, feeling, and breathing through dance, our shared passion.

CDD was a part of Contemporary Dance history in Dubai, the first ever home grown school in the whole of the UAE. We must be proud that we were all part of this.

Although pictures do not include the hundreds of dancers that were part of this company as well as the shows, performances, and events that we enjoyed over the years, it captures the soul and essence of CDD, which has been with us from day one when CDD was born in 2009.

In good times and in the harder ones, dance has always been my home, the place where I can heal, the place where I feel most myself, the place where I can express myself. I ask you...

"Not to forget to dance as it's your soul singing to you through movement. Be free and lose yourself, listen to your heart and let dance heal and guide you."

I hope that I have touched your life through my work in some way. Always know that you have touched mine, and for that I thank you.

**Krista Degaetano**  
**CDD Founder & Creative Director**













































































































































































































































































































































